



桂林中青旅国际旅游有限公司特色旅游部

**China Expedition Tours, A Division of CYTS International Tours Co., Ltd. Guilin**

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## China Cycling Tour

<http://www.chinaexpeditiontours.com/china-tours/china-cycling-tour-package.html>

**Tour Code:** CET-BK01

**Length:** 25 days and 24 nights

**Cities Visited/Stayed:** (Hong Kong), Kunming, Dali, Lijiang, Tiger Leaping Gorge, Shangri-la, Guilin, Hangzhou, Suzhou, Shanghai, Beijing

**Highlight Attractions:** The Stone Forest, Dali Ancient Town, Jade Dragon Snow Mountain (Yulong Xue Shan ), The Ancient Town of Lijiang, Tiger Leaping Gorge, Songzanlin Monastery, Li River, Yangshuo, Terraced Rice Paddies at Longji, West Lake, Humble Administrator's Garden(Zhuozhengyuan), Yu Yuan Garden, The Bund, Forbidden City, Great Wall, Summer Palace

**Experience & Features:** Biking in Dali, Hiking in Tiger Leaping Gorge, Biking in Shangri-la, Tibetan Family Visit, Local Market in Longsheng, Biking around West Lake, Biking in Suzhou, Biking along the Hutongs in Beijing

Come and join us in this wonderful cycling tour. Bicycle is the most popular means of transportation in China. In such a country "on bicycle wheels", you can experience by yourself a splendid biking tour. There are many advantages to riding a bicycle, such as reduce air pollution and improve one's health. Our tour begins from Kunming. Enjoy spectacular scenery on the way to the Stone forest, be marvel at the ancient town in Dali and Lijiang. The Jade Dragon Snow-capped Mountain and herds of yaks and sheep on the beautiful grasslands will make you hesitate to leave. The two-day long trekking in the Tiger Leaping Gorge will be a little bit adventurous, but the sense of achievements you have eventually will make you forget your sore legs. Ride a bike to explore beautiful scenic spots in Guilin, and you experience a cruise on the world-wide famous Li River through stunning karst landscapes in Guilin. Enjoy a leisurely walk at the West Street and a memorable biking trip to Yangshuo Banyan tree. The water village in Suzhou, the graceful West Lake in Hangzhou will surely leave you a deep impression. The largest city of China-Shanghai will amaze you by its modern atmosphere and traditional culture and art. Our tour ends in Beijing-the capital of China, to witness and climb the magnificent ancient construction of the Great Wall, cycling in Hutong to get a brief impression of this big capital.

## Itinerary

### Day 1: Hong Kong-Kunming

Welcome to Kunming, you will be met at the airport and transferred to your hotel by our representative. The rest of the day will be on your own to relax and prepare for the next day.

Stay overnight in Kunming.

#### Meals:

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### Day 2: Kunming

Today let's go to the **[Green Lake Park]** (Cuihu Park). It is one of the most picturesque parks in downtown Kunming. All year round the park is venue of one sort of exhibition or another, and with its snug seclusion it is frequented by local residents who come here for few hours of leisure. In November and December every winter, lots of re-beaked gulls migrate here from Siberia. In winter and spring, Kunming residents flock to the Cuihu Park to feed red-beaked gulls. There are tens of thousands of gulls which have descended upon the lake. Then we will go to the **[Yuantong Temple]** at the foot of the Luofeng Hill in the northern part of the city. Yuantong Temple is grandeur, unique. Its brilliant appearance, grand building complex and tranquil surroundings have intoxicated generations of poets, painters who written poems, brushed scrolls about it and also, Yuantong temple is very popular among tourists and pilgrimages alike. Later, we will drive back to the hotel.

Stay overnight in Kunming.

#### Meals: (B, L)

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### Day 3: Kunming-Dali

Kunming is well known for its beautiful and peculiar, breathtaking and unique natural landscape. The city is nicknamed "City of Spring" due to the fact that it is covered all the year round with the rich verdure of trees and plants. After breakfast we will drive to the **[Stone Forest]**. Due to a process of weathering and erosion, nature has created an art gallery of stone sculpture here. This typical karst physiognomy takes the form of a forest of stone pillars and boulders. It is as if the countless stone shapes have sprung from the ground, assuming different shapes as if vying to surpass each other in grandeur and sublime beauty. Later this afternoon we will drive to Kunming Train Station to catch an overnight train to Dali after dinner.

Stay overnight on train.

**Meals:** (B, L)

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## Day 4: Dali

You will arrive in Dali in this morning and will be met by your guide at train station and transferred to hotel in the Old Town. The rest time in the morning will be on your own. After lunch, we will set out to visit a typical sight of Dali-the **[Three Pagoda Temple by bike]**. As its name implies, Three Pagodas are made up of three ancient independent pagodas forming a symmetrical triangle. This is unique in China. Later we enjoy **[a cycling in Xizhou]**. It was an important gateway to the Silk Road in Southwest China, and also served as a seat of government and a major military barracks for Yunnan Province in ancient times. By witnessing some parts of the city wall and the tower remained, we can still explore the mystery belonging to the history. The city layout was uniform with five main streets from south to north and eight main streets from east to west, while marketplaces were neatly arranged within the city, which has remained unchanged to this date. Traditional Bai ethnic minority folk houses can be seen everywhere, which give us a different feeling from any other Chinese city.

Stay overnight in Dali Old Town.

**Meals:** (B, L)

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## Day 5: Dali-Lijiang

This morning we will depart for Lijiang by private car, van or bus after lunch. It is roughly a 3.5hours drive. The beautiful scenery on the way will surely give you some special feeling, and we may stop on the way for you to relax and take some photos. We will arrive in Lijiang before dinner time.

Stay overnight in Lijiang.

**Meals:** (B, L)

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## Day 6: Lijiang

Lijiang is an ancient town with unique architectural styles and people there still hold on their original way of living. This morning we will go to the **[Jade Dragon Snow-capped Mountain]**. With skyscraping snow-capped peaks and its imposing body, it reflects in the interlaced rivers flowing under the old town, composing a fabulous picture. Viewed from afar, the snow-capped range resembles a silver dragon with snow curling up its middle. Rich forest, herb and animal resources thrive on the mountain and a giant tram cart up here is one of the highest of its kind in China. We will take cables to climb the mountain and be intoxicated in the picturesque scenery. And we will also organize a tour in the **[ancient town]**. The Ancient Lijiang City has no city walls, which is one of the features of this ancient city and different from other China's ancient

cities. "The city depends on water for existence and water comes along with the city" has become one of the main features of the old town. The Yuquanshui River includes three mainstreams, which flow towards the west, east and in the middle. The river running into the ancient city includes many branch canals, so the network of rivers mixed with the roads of the five-flowered stones.

Stay overnight in Lijiang.

**Meals:** (B, L)

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## **Day 7: Lijiang-Tiger Leaping Gorge**

Today we will depart for **[Tiger Leaping Gorge]** by private car, van or bus after breakfast. You'll have lunch at Qiaotou Town on the way before trekking. We head for TLG and go straight to our first guest house.

Stay overnight in Tiger Leaping Gorge.

**Meals:** (B, L)

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## **Day 8: Tiger Leaping Gorge**

Today we will take the high trail to our second guest house. Before that, you can have a good relax in the morning and enjoy the beautiful view. Wedged tightly between steep cliffs, the Tiger Leaping Gorge is a well-known gorge of Yangzi River, where the river is so narrow here. As described in legend, a hunted tiger made his escape to the other side in a single bound.

Stay overnight in Tiger Leaping Gorge.

**Meals:** (B, L)

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## **Day 9: Tiger Leaping Gorge-Shangri-la**

Today we are going to walk out from the Tiger Leaping Gorge before lunch time. And after lunch in Qiaotou Town, we will continue our trip to Zhongdian, the town now officially recognized as "Shangri-La". This is actually the old Tibetan Province of Kham and was used as a winter grazing area for the livestock. The surrounding countryside is much as it always has been, preserving mysterious and ancient atmosphere. Eventually we will arrive at Shangri-la before dinner time.

Stay overnight in Shangri-la.

**Meals:** (B, L)

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## Day 10: Shangri-la

Today we will have [a visit to the **Songzanlin Monastery**], a famous Tibetan style Buddhist temple in China. Tourists are attracted to this scenic spot where they can enjoy the view and be lucky to take photos of girls wearing exquisite Tibetan costumes holding perfectly white fluffy lambs against the imposing mountains and blue sky. [Visit the old part of the town by bike, a Tibetan family visiting] is included as well. The Tibetans built their houses in distinctive religious styles influenced by Buddhism. You may have the chance to **taste Tibetan specialties of yak butter tea, local yogurt and Tibetan barley**. Later this afternoon will be on your own to walk around. We suggest you get a feeling of local people's daily life by visit the **local market**.

Stay overnight in Shangri-la.

**Meals:** (B, L)

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## Day 11: Shangri-la-Kunming-Guilin

Today we take a morning flight back to Kunming. Then catch another flight in the afternoon from Kunming to Guilin. Upon arrival, your guide will meet you at the airport and transfer you to the hotel. The rest of the day will be leisure at relax.

Stay overnight in Guilin.

**Meals:** (B, L)

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## Day 12: Guilin-Yangshuo

This morning we will embark the ship for [Li River cruise]. Cruising downstream with a pleasant breeze greeting, you can sit on cushion comfortably or enjoy the open-air viewing platform. Bring lots of film or memory card with large capacity because this is a photographer's dream, where you are able to capture the dramatic landscapes that Chinese artists have been painting for centuries. Lunch will be served onboard. You can enjoy the Li River picturesque scenery to **Yangshuo**. Disembark and walk to the West Street, which has received countless foreigners from all over the world and reputed as "Global Village in China". Today, the 600 meters( about 1 968 feet) long street has over 300 cafes, restaurants, hotels art crafts and tourist stores, foreign language clubs, internet centers and Kungfu schools. This afternoon you will be free at leisure, you can enjoy a coffee time at the West Street, or walk around the small Yangshuo town.

Stay overnight in Yangshuo.

**Meals:** (B, L)

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## Day 13: Yangshuo

After breakfast, we will follow our guide to enjoy **[a bike tour to the big Banyan Tree and the Moon Hill]** to enjoy spectacular views on the way. Those continuous mountain peaks along the way seems to take you into a fairly landscape. This evening we suggest that you watch the performance-"Impression—Sanjie Liu", the first new concept minority cultural show which takes the advantages of the live landscape as its stage background. It will realize your nostalgic dream of lights on fishing boats and experience the distinctive interests of life at the Li River.

Stay overnight in Yangshuo.

**Meals:** (B, L)

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## Day 14: Yangshuo-Guilin

This morning we will drive back to Guilin. We will spend the day in Guilin to discover its shining scenic spots that make the city unique and especially beautiful. The **[Elephant Trunk Hill]** is the symbol of Guilin, standing in the Li River and looks like an elephant drinking water from the river. The **[Reed Flute Cave]** is one of the most spectacular caves displaying karst geographical formation in various shapes. After the visit, we will continue to the nearby **[South China Sea Pearl Museum]**, where we can learn some knowledge of pearls and have the chance to purchase real sea pearl at competitive prices. After dinner, we suggest a cruise in the city's central area on a water system, which will absolutely give you a deep impression of Guilin.

Stay overnight in Guilin.

**Meals:** (B, L)

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## Day 15: Guilin-Longsheng

Today we will go to Longji, a minority area with magnificent terraced rice paddies. The **[Longji Terraces]** are located in Longsheng County. You may have a chance to take some wonderful pictures of minority people wearing exquisite costumes along the way. Located southeast of Longsheng, the rice terraces are built into the hillsides which look like great chains or ribbons as they wind from the foot to the top of the hill. This ingenious construction makes best use of the scarce arable land and water resources in the mountainous area. Later this afternoon we will go to visit **[Huangluo Red Yao minority village]**. Women there all keep their hair to a length of more than one meter. You will be marvel at their characteristic red costumes and beauty.

Stay overnight in Longsheng.

**Meals:** (B, L)

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## Day 16: Longsheng-Guilin

Early this morning we will go to the Longsheng town, you can see daily life of local people by visiting the local market to have interesting discovery. Then we will drive to Guilin city. Upon arrival, you will be transferred to the hotel, enjoy a leisure afternoon.

Stay overnight in Guilin.

**Meals:** (B, L)

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## Day 17: Guilin-Hangzhou

Enjoy a leisurely breakfast, this morning will be on your own, you can ride a bicycle around this small and lovely city. After lunch, we will take a flight to Hangzhou. Upon arrival, our guide will meet you at the airport and transfer you to the hotel. The rest of the day will be free at leisure.

Stay overnight in Hangzhou.

**Meals:** (B, L)

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## Day 18: Hangzhou

Today we will have **[a cycling tour to the West Lake]**. It is undoubtedly the most renowned feature of Hangzhou, noted for the scenic beauty that blends naturally with many famous historical and cultural sites. Sitting in a boat wandering on the river, you may enjoy the beautiful scenery in a leisurely way. Solitary Hill, the Mausoleum of General Yue Fei, the Six Harmonies Pagoda and the Ling Yin Temple are probably the most frequently visited attractions in this scenic area. This afternoon we will pay a visit to **[Hefang Old Street]**, a well-designed old pedestrian street which is the epitome of old Hangzhou. Shops selling art crafts, souvenirs, silk, teahouses, and restaurants line on both sides of the street. Many famous century-old shops including Hu Qing Yu Tang, Wang Xingji Fans can be found along the street. The Street is otherwise known as the Snack Street for the diverse food it serves. You can choose to try some of the local flavors.

Stay overnight in Hangzhou.

**Meals:** (B, L)

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## Day 19: Hangzhou-Suzhou

This morning we will drive to Suzhou city (about 2.5hrs). Then let's visit the **[Humble Administrator's Garden]**, the largest private garden in Suzhou, as well as one of the four most famous classic gardens in

China. Humble Administrator's Garden is a typical example of the art of horticulture south of Yangtze River as well as a treasure house containing arts of architecture, calligraphy, carving, painting, and bonsai. In the rest of day, we will enjoy **[a cycling tour around the ancient part of the city]**, experiencing local people's daily life.

Stay overnight in Suzhou.

**Meals:** (B, L)

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## Day 20: Suzhou-Shanghai

This morning we will drive to Shanghai. Upon arrival, we will be met and transferred to the hotel. After a short rest, we will start our trip to the **[Yuyuan Garden]**, where you may find more delicate handicrafts and tasty Chinese snacks. Also include a visit to the **[Jade Buddha Temple]**, an elegant structure famous for its Buddha statue which is carved of solid white jade and decorated by jewels. Lunch will be arranged at a characteristic Shanghai restaurant. After lunch our guide will take you to the **[Outer Bund]**, for a grand view of Shanghai and you may marvel at how modern this metropolis is while still containing its old traditions. Enjoy a walk on the **[Nanjing Road]**, the most prosperous commercial street. You can find lots of world famous brands setting along the street and enjoy a good shopping time.

Stay overnight in Shanghai.

**Meals:** (B, L)

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## Day 21: Shanghai-Beijing

This morning we will discover more about Shanghai by visiting the **[Shanghai Museum]**, which is a very large one of ancient Chinese art. After lunch we will drive to the airport for a pm flight to Beijing.

Stay overnight in Beijing.

**Meals:** (B, L)

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## Day 22: Beijing

After breakfast, we are going to take a visit to the **[Temple of Heaven]**, which is a complex of buildings, gardens and pathways, its organization indicates relationship between Earth and heaven. We will enjoy a walk on the **[Tian'anmen Square]**, one of the largest city squares in the world. It is located on the central axis of old Beijing. In the center of Tian'anmen Square stands the **[Monument to the People's Heroes]**. Then we will go to the **[Forbidden City]**, imperial palaces for the emperors of the Ming and Qing dynasties. The city contains 800 ceremonial buildings, 9,999 rooms, and a courtyard that can hold 100,000 people. Best

ancient Chinese architectural styles are well preserved here, consisting of an imposing view. Later the day will be on your own to explore more about this city.

Stay overnight in Beijing.

**Meals:** (B, L)

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## Day 23: Beijing

This morning we will drive to the **[Jinshanling Great Wall]**, the less developed and commercial section of the Wall. This historic construction is somewhat dangerous to climb because it winds up and down the precipitous ranges, but as a reward, splendid views are available. People say that a visit to Beijing isn't complete without trying the crispy and tasty Peking duck dinner, so we highly recommend a featured dinner at one famous restaurant.

Stay overnight in Beijing.

**Meals:** (B, L)

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## Day 24: Beijing

This morning we will go to visit the **[Summer Palace]**, one of China's architectural masterpieces. The beauty of the Summer Palace is beyond description. The pavilions, kiosks, terraces, bridges, dikes, corridors are delicately crafted and placed, well displaying the thousand-year old Chinese landscape gardening. The scenic spots contain a nation's profound philosophical and aesthetic tradition. Followed by a **[cycling trip to Hutong]**, meaning alleys, derives from the narrow lanes created by the walled residential compounds built one on top of the other in these cramped districts. The high walls surround the traditional siheyuan quadrangle, made up of four, single-story buildings fronting a courtyard. Hutongs take their names from the groups who live within, for instance, the Bowstring Makers' Lane, or if populated by a single family, their surname. Unfortunately, encroaching urban development are now threatening hutongs.

Stay overnight in Beijing.

**Meals:** (B, L)

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## Day 25: Beijing-Departure

Your China tour we sponsored will end after breakfast.

**Meals:** (B)



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