



桂林中青旅国际旅游有限公司特色旅游部

**China Expedition Tours, A Division of CYTS International Tours Co., Ltd. Guilin**

## Featured Chinese Delicacies Tour

<http://www.chinaexpeditiontours.com/china-tours/featured-chinese-delicacies-tour.html>

**Tour Code:** CET-GM05

**Length:** 8 days and 7 nights

**Cities Visited/Stayed:** (Beijing), Nanjing, Yangzhou, Shanghai, Huangshan Mountain, Chengdu, (Beijing)

**Highlight Attractions:** The Confucius Temple Area, The Bund, Yu Yuan Garden, Scenic Areas of Yellow Mountain

**Experience &Features:** Peking Duck, Hutong tour, imperial dinner, Shanghai Benbang dish, savor the Huangshan food, Hot-pot dinner, Panda

With high reputation in the world, Chinese food can be divided into many different cuisines. This tour is designed for gastronomists who study or work in Beijing. During this tour, the Huaiyang cuisine in Yangzhou and Nanjing are surely to give you a deep impression and bring you aftertaste. Also included is a memorable visit to Yuyuan Garden in Shanghai, be seated comfortable tasting the snacks while intoxicating in the wonderful sceneries. Pay a visit to Huangshan Mountain and degust the Hui cuisine. Our tour ends in Chengdu, where you can taste authentic Sichuan food. Welcome to spend 8 days on joining us and starting this yummy tour.

### Itinerary

#### Day 1: Beijing-Nanjing

Nanjing- one of the eight great ancient capitals in China is our first stop this morning, and we leave for the airport to catch a flight to Nanjing after breakfast. Our guide will meet you at the airport and you will be transferred to the hotel to have a rest. Gather this afternoon and go to the **[Nanjing Confucius Temple]** (Fuzimiao in Chinese), a holy shrine of Confucius, the distinguished ancient Chinese philosopher and thinker. It is a complex consists of Confucius Temple, the Imperial Academy and Gongyuan where provincial and national examinations took place. In ancient times, Fuzimiao functioned as a national exam place, gathering restaurants, tea shops, snack stalls, etc. as a whole. Nowadays it remains a street specializing in tasty food streets, and has become one of the four snack representative streets in China. There are lots of different flavor snacks of every area in China such as the eight peerless snacks made by eight long history shops, including salty and sweet flavors, with delicate shapes and wraps. You can have your appetite satisfied with spicy Kidney Beans,

fermented bean curd along with other snacks. Besides, bright lights and river scenery of Confucius Temple are also so delightful.

Stay overnight in Nanjing.

**Meals:**(B)

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## **Day 2: Nanjing-Yangzhou-Nanjing**

Yangzhou was boosted as the most prosperous and luxurious city in Tang and Song dynasties. And now it still keeps its temperament of slowing taste food and elegantly towards life. We will drive to Yangzhou, which will cost us 1.5 hours to get there. Drinking morning tea can most reflect the leisure life of local people because the tea culture there has a profound history and it has deep influence on people's life. Huaiyang refined snacks are main features of morning tea. Steamed dumplings filled with soup of crabs roe, five tin dumpling, and other snacks are must try dainty snacks. It is a pleasure to walk around the city to find its beauty after the rich and delightful morning tea. And taking a boat to sightseeing the Slim West Lake is also a good choice. At lunch time we gather at the Daming Temple, our first mission is to eat a vegetarian meal because this kind of meal is only available for visitors at noon. Even though that they look like the meat dish, they are one hundred percent made of vegetables, such as lotus root, mushroom, bean curd, and so on. [Daming Temple] which is famous for the unique garden scenery is also worthy to have a visit. We will have the well-known Wensi bean curd as our dinner. It is the monk named Wensi who made this delicious dish with bean curd, lily flower and edible tree fungi (kind of mushroom). The dish became popular in the local since emperor tried and praised its deliciousness. Then we drive back to Nanjing.

Stay overnight in Nanjing.

**Meals :**( B)

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## **Day 3: Nanjing-Shanghai**

We will go to Shanghai by train in the morning and arrive in Shanghai at lunch time (about 2 hour train ride). After a short rest at the hotel, we set out to the Laozao Restaurant to savor the elegant Shanghai Benbang dish. The chiefs there can represent you the special cooking art by retain its original taste of the material, and every dish is delicious without monosodium glutamate. After lunch, we will pay a visit to the [**Jade Buddha Temple**], an elegant structure famous for its Buddha statue which is carved of solid white jade and decorated by jewels. [**OuterBund**] in Shanghai can tell you how this charming can develop as a modern metropolis while still maintains its old traditions. Besides, you can also enjoy a walk on the [**Nanjing Road**], the most prosperous commercial street. Dinner is on your own, you can either choose to eat western food or Chinese food, and you may find out that lots of amazingly good western restaurant are available in the city.

Stay overnight in Shanghai.

**Meals :**( B)

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## Day 4: Shanghai-Huangshan

Visiting the **[Yuyuan Garden]** is a must for anyone who goes on a trip to Shanghai, so we will go there this morning after we enjoy a leisurely breakfast. There are more than 500 kinds of snacks gathering here for you to choose and many delicate handicrafts and tasty Chinese snacks. We highly recommend the Nanxiang Steamed Bun Stuffed with Pork and Crab Roe and Spring Rolls. Then we take a flight to Huangshan.

We will arrive at Huangshan by dinner time, and then we will have chance to taste Hui cuisine style, which is one of the eight famous cooking styles in China. Anhui Cuisine chefs pay attention to the temperature in cooking and are good at braising and stewing. In most cases, hams will be added to improve taste and sugar candy added to gain. We will have dinner in a local restaurant to **[savor the Huangshan food]**, especially the dish of strange flavor fish, stone chicken, sesame seed cake and others.

Stay overnight in Huangshan City.

**Meals :**(B)

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## Day 5: Huangshan-Shanghai

Early this morning we will **[take cable to climb the Huangshan Mountain]**, and the amazing spectacular view along the way to the top is available to you. Mt. Huangshan is featured with the four wonders, namely, odd-shaped pines, grotesque rock formation, seas of clouds and crystal-clear hot springs. There is an old saying goes "you won't want to visit any other mountains after seeing wu yue (Five Great China Mountains), but you won't wish to see even wu yue after returning from Mt." from this saying, we can know that how beautiful and unique Mt. Huangshan is! In the afternoon, we will take cable downwards and take our car/van/bus going back to Huangshan City. We will fly to Shanghai in the evening.

Stay overnight in Shanghai.

**Meals:** (B, L)

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## Day 6: Shanghai-Chengdu

The morning time is at your own disposal, but we will take a flight to Chengdu after lunch. Upon arrival, be met by the guide and transferred to the hotel. There are markets and street hawkers fill the streets dealing in everything you could possibly imagine, from snakes and snails to fortunes and foot scrubs. So it is a pleasure to have a leisure walk along the street. Chengdu is a very pleasant city to do just this: feast on some great food and absorb some of the mellow atmosphere in one of the thousands of tea houses dotted about the city.

Stay overnight in Chengdu.

**Meals:**(B)

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## Day 7: Chengdu

Chengdu is also a famous Chinese cultural city, endowed with unique natural conditions, beautiful environment and profound history. Whenever you go to explore the city, you will always have new exciting discoveries. And we will go to experience Chengdu City after a leisurely breakfast. We will have a city tour to the **[People's Park]** and **[Kuanzhai Alley]** where we can experience local people's leisure life, feeling the relaxing pace of this southwestern city that boasts as "Heaven of Abundance".

Maybe you have heard of Sichuan Cuisine which is considered as the four major style of cooking in China, it's famous for the spicy taste, distinguished for its spicy taste. Now here comes the opportunity for you to Sample the Sichuan cuisine, and a hotpot dinner will let you know what particular taste of real Sichuan spicy food is. There are more than 400 kinds of dishes such as Sautéed Pigeon Breast in XO Sauce, Stir-Fried Duck Tongues with Sichuan Chili, Kung Pao Chicken, as well as 2000 kinds of snacks such as Sichuan Style Wonton, Tangyuan (Glutinous Rice Balls) in Fermented Glutinous Rice Soup. Since the food is very spicy, you are suggested to take care of your stomach when dining. There are other famous souvenirs, for instance Sichuan brocade, embroidery and lacquer ware are.

Stay overnight in Chengdu.

**Meals:** (B)

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## Day 8: Chengdu-Beijing

This morning we will depart by private bus to **[Chengdu Giant Panda Researching and Breeding Base]**, locating on the mountain of Futoushan in the northern suburbs of the city. The period of 8.30 am to 10am is the feeding time which is the best time to observe those cute bears. If you fail to visit it at the right time, the cute black and white bears are like indulging in their favorite pastime, sleeping! Then we go to a local restaurant to savor the variety of delicious foods.

We will take a flight to go back to Beijing this afternoon. The journey will end when we get back to Beijing.

**Meals:** (B)

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