



桂林中青旅国际旅游有限公司特色旅游部

China Expedition Tours, A Division of CYTS International Tours Co., Ltd. Guilin

11-day Shangri-la Photography

<http://www.chinaexpeditiontours.com/city-tours/11-day-shangri-la-photography-tour-in-sichuan.html>

Tour Code: SC-SP

Length: 11 days and 10 nights

Cities Visited/Stayed: Sichuan

Highlight Attractions: null

Experience & Features: Kangding, Litang, Yading, Chuchu Monastery

Physical Rating : 3

Cultural Shock Rating : 3

Eastern Tibet is characterized by extreme topography of steep, often precipitous mountains, with altitudes ranging from less than 2 000 m in some valley floors to 7 558 m at the summit of Mt. Minya Konka. In this journey we focus on the brilliantly beautiful landscape in Yading Nature Reserve, which is claimed to be the Shangri-la described in the 1933 novel Lost Horizon by British author James Hilton. Yading, discovered by Joseph Rock in 1928, is renowned for the 3 holy peaks, which were blessed in the 8th century by Buddha Padmasambhava of projecting his divine light onto the range and naming the 3 elevations after 3 bodhisattvas.

Itinerary

Day 1: Chengdu

Arrive in Chengdu and prepare for the exciting plant hunting tour.

Stay overnight in Chengdu.

Meals:

Day 2: Chengdu –Kangding

Today we head west to Kangding by passing underneath Erlang Shan.

Stay overnight in kangding.

Meals: (B/L)

Day 3: Kangding – Litang

We keep heading west to Litang, the highest town in the world.

Stay overnight in Litang.

Meals: (B/L)

Day 4: Litang – Yading

Heading south we arrive at Yading.

Stay overnight at Yading.

Meals: (B/L)

Day 5: Yading – Tongnongba

We spend the morning on the way to Tongnongba and in the afternoon we start to tour Tongnongba, the highlight in this journey. We will visit Chuchu Monastery, the only survived Bon monastery in the world.

Stay overnight at Tongnongba.

Meals: (B/L)

Day 6: Tongnongba

Today we head north to Jinchuan.

Stay overnight at Jinchuan.

Meals: (B/L)

Day 7: Tongnongba – Hot Spring Resort

We start our journey back to Chengdu and will arrive at Hot Spring Resort and stay overnight there.

Stay overnight at the Hot Spring Resort.

Meals: (B/L)

Day 8: Hot Spring Resort – Litang

We head north back to Litang.

Stay overnight at Litang.

Meals: (B/L)

Day 9: Litang – Kangding

We then head east to Kangding.

Stay overnight at Kangding.

Meals: (B/L)

Day 10: Kangding – Chengdu

Heading east again we return to Chengdu, ending this great journey of Shangri-la Photography.
Stay overnight in Chengdu.

Meals: (B/L)

Day 11: Chengdu -

Depart Chengdu.

Meals: (B)

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