



桂林中青旅国际旅游有限公司特色旅游部

**China Expedition Tours, A Division of CYTS International Tours Co., Ltd. Guilin**

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## 10-day Mountaineering at Mt. Siguniang Shan

<http://www.chinaexpeditiontours.com/city-tours/10-day-mountaineering-at-mt-siguniang-shan.html>

**Tour Code:** SC-MMSS

**Length:** 10 days and 9 nights

**Cities Visited/Stayed:** Sichuan

**Highlight Attractions:** null

**Experience & Features:** Ya'an, Dahaizi Lake, Mt. Siguangniang Shan

**Physical Rating :** 4

**Cultural Shock Rating :** 2

Mt. Siguniang Shan is famed for its steep and imposing ridges. The high meadows are gorgeous throughout the four seasons. Hundreds of wildflowers burst forth in spring, giving way to luxuriant green trees and grass in summer. In the fall, the leaves on the trees blaze in color heralding the coming snows of winter. Because of the clear, blue sky, the thick forest at the foot of the mountains, the verdant grassland, and the murmuring streams, Siguniang Shan is sometimes known as the 'Alps of the Orient'. You may, in fact, think you are in southern Europe. In this journey we will aim at the peak of the first girl at an altitude of 5,025m, on which you deep feel the excitement of hiking.

### Itinerary

#### Day 1: Chengdu

Arrive in Chengdu and prepare for the exciting plant hunting tour.

Stay overnight in Chengdu.

**Meals:**

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#### Day 2: Chengdu – Baoxing

Today we head west to city of Ya'an, where we make a turn to north and then get to town of Baoxing.

Stay overnight at Baoxing.

**Meals:** (B/L)

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### **Day 3: Baoxing – Rilong**

Leaving Baoxing, we take a road heading north and getting altitude rapidly to the pass of Mt. Jiajin Shan at 4,000m above sea level.

After lunch at the pass we start to search the slopes with numerous alpine floras that is next to the pass. By evening we arrive at Rilong, staying there overnight.

Stay overnight at Rilong.

**Meals:** (B/L)

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### **Day 4: Rilong –Laoniui Yuanzi**

Today we walk along a path going through the wood on foot or on horse. This 12km journey takes about 7 hours. At about 4 p.m. we will reach Laoniui Yuanzi where we set up a camp by the side of a stream.

Stay overnight at Laoniui Yuanzi.

**Meals:** (B/L)

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### **Day 5: Laoniui Yuanzi – Dahaizi Lake – Laoniui Yuanzi**

After breakfast we visit Dahaizi Lake that is 3 km away from Laoniui Yuanzi. Dahaizi Lake is a typical alpine lake at an altitude of 3,800m, in which a species of non- scale fish lives. This trip gives some other time to accommodate the altitude.

Stay overnight at Laoniui Yuanzi.

**Meals:** (B/L)

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### **Day 6: Laoniui Yuanzi – Campsite One**

We head to Campsite 1 at 4,500m above sea level just beneath the peak of “the Oldest Girl”. This trip takes about 4h30min, in which we will enter the area of alpine meadow with various alpine floras like Meconopsis, Primula, cypripedium, Gentiana, etc. This gives some other time to get used to the altitude.

Stay overnight at Campsite One.

**Meals:** (B/L)

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### **Day 7: Campsite One – Peak of First Sister – Laoniui Yuanzi**

We start our trip forwarding to the peak at 4:00 a.m. By 10:00 a.m. we reach the top at 5,025m above sea level, on which we can see the ever snow-capped summit of “Little Girl” standing at an altitude of 6,025m in the north, picturing a superb view in front of us. By 12:00 a.m., we return to Campsite 1 and after lunch we go back to Campsite Laoniui Yuanzi, where we stay overnight in the tents.

Stay overnight at Laoniui Yuanzi.

**Meals:** (B/L)

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### **Day 8: Laoniui Yuanzi - Baoxing**

Today we return to Rilong and then take a bus back to Baoxing.

Stay overnight at Baoxing.

**Meals:** (B/L)

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## **Day 9: Baoxing – Chengdu**

Today we return to Chengdu, ending this great journey of mountaineering at Mt. Siguangniang Shan.

Stay overnight in Chengdu.

**Meals:** (B/L)

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## **Day 10: Chengdu –**

Depart Chengdu.

**Meals:** (B)

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