



桂林中青旅国际旅游有限公司特色旅游部

China Expedition Tours, A Division of CYTS International Tours Co., Ltd. Guilin

4-day Tour from Lijiang to Shangri-la – B

<http://www.chinaexpeditiontours.com/city-tours/4-day-tour-from-lijiang-to-shangri-la-b.html>

Tour Code: YN08

Length: 4 days and 3 nights

Cities Visited/Stayed: Lijiang, Shangri-la

Highlight Attractions: Jade Dragon Snow Mountain (Yulong Xue Shan), Baisha Mural, The Ancient Town of Lijiang, First Bend of the Yangtze, Tiger Leaping Gorge, Songzanlin Monastery, Napa Sea

Experience & Features: Jade Dragon Snow Mountain, Baisha Fresco, Black Dragon Pool, Lijiang Old Town, Gold Sand River, First Bend of Yangtze River, Tiger Leaping Gorge, Songzanlin Monastery, Napahai Natural Reserve, Tibetan Family, Shangri-la Old Town

Physical Rating : 2

Cultural Shock Rating : 2

Itinerary

Day 1: Lijiang – Lugu Lake

In the morning, you will be picked up at your hotel and go to visit the remarkable **[Jade Dragon Snow Mountain]**. You travel by cable car to the Yak Meadow, which commands a magnificent view of the glacier. Continue to visit the **[Baisha Fresco]** situated in the northern part of Lijiang. You will find an assortment of over 600-year old preserved murals.

Then enjoy the crystal **[Black Dragon Pool]** with the superb vistas of the nearby Jade Dragon Snow Mountain.

Afterwards, you will tour the **[Old Town of Lijiang]** (on the list of the World Cultural Heritage by UNESCO), which is the best-preserved ancient town in China and well known for its distinctive Naxi culture and ancient buildings.

Stay overnight in Lijiang.

Meals: (L)

Day 2: Lijiang - Shangri-La

Today, we embark on a scenic ride to the Tiger Leaping Gorge. We travel along the **[Golden Sand River]**, the beginning of the mighty Yangtze River. You will stop for pictures for the amazing view of the spectacular **[First Bend of Yangtze River]**, cutting through several mountains, changes its directions in several 90 degree turns. Then visit the stupendous **[Tiger Leaping Gorge]**, which is believed to be the deepest gorge in the world. Following an ancient trek, enjoy a magnificent close-up view of sharp cliffs and roaring rushing water.

In the later afternoon, you will take an overland ride to Shangri-La.

Stay overnight in Shangri-la.

Meals: (B/L)

Day 3: Shangri-La

In the morning, pay a visit to the **[Songzanlin Monastery]**, the largest Tibetan Buddhism monastery in Yunnan province. Built in the 17th century, during the reign of the Fifth Dalai Lama, it is often referred to as the Little Potala Palace.

Then head to **[Napahai Natural Reserve]** followed by a visit to a **[local Tibetan family]** where we will have opportunity to get to know Tibetan people's life. Then we drive to the **[old part of this town]** to feel the vicissitudes of this Tibetan town.

Stay overnight in Shangri-la.

Meals: (B/L)

Day 4: Shangri-La- Departure

After breakfast, you will be transferred to the airport for onward flight. Our service ends at the airport.

Meals: (B)

Add: 3rd F, Dongfang Bldg, 30 Qixing Rd, Guilin 541004, China

Website: ChinaExpeditionTours.com

Tel: 86-773-5817222, 5817255

Fax: 86-773-5829185